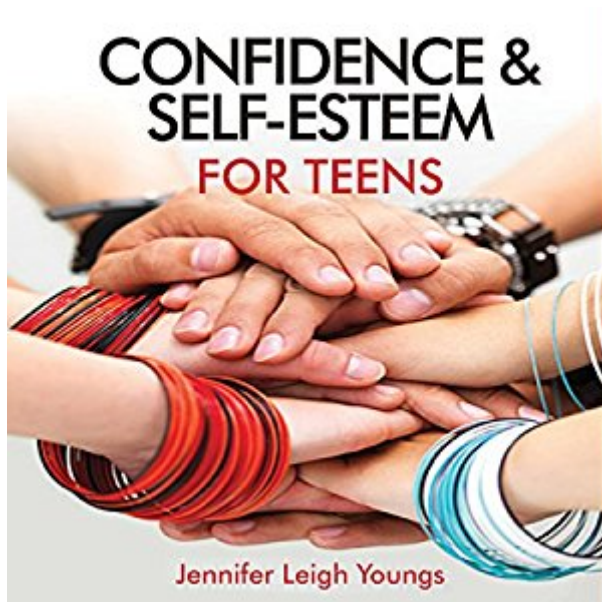


The book was found

Confidence & Self-Esteem For Teens



Synopsis

Confidence & Self-Esteem for Teens is all about the ways that beauty manifests from within. This book shows you how to let your inner beauty shine through - things like the secrets of serenity, steps for staying cool under pressure, building your self-esteem, drawing security from loving others, setting goals, and feeling purposeful - and more.

Book Information

Audible Audio Edition

Listening Length: 1 hour and 23 minutes

Program Type: Audiobook

Version: Unabridged

Publisher: Bettie Youngs Book Publishers Co., Inc.

Audible.com Release Date: December 6, 2015

Language: English

ASIN: B018YFL0Y2

Best Sellers Rank: #53 in Books > Teens > Personal Health > Fitness & Exercise #388

in Books > Teens > Personal Health > Self-Esteem #3213 in Books > Teens > Social Issues

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How Anansi Learned Self-Esteem: 10 Original Stories for Building Self-Confidence and Self-Respect
Confidence & Self-Esteem for Teens
Children's Book: "Just The Way I Am": How to Build Self Confidence & Self-Esteem in children's books for ages 2 4 8 (Bedtime Stories Early Readers Picture Books in Kids Collection Book 3)
The Tortoise and the Hairpiece: A kids book about how to make a friend and build self esteem and confidence
Schoolgirls: Young Women, Self Esteem, and the Confidence Gap
Maximum Confidence: Ten Secrets of Extreme Self-Esteem
104 Activities That Build: Self-Esteem, Teamwork, Communication, Anger Management, Self-Discovery, Coping Skills
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